

Editorial

Pag.3. The International Congress in Orvieto: great science and passion for humanity.

Francesco Bottaccioli

Congress Dossier: stress and neuroendocrinoimmunology

Pag.4. The harmony of the systems

A preview of George Chrousos' essay "Stress and disorders of the stress system" that will be published in the book "Stress and Life"

George P. Chrousos.

Stress, brain and immune system

Pag. 8. The story told by its protagonist.

A conversation with the physiologist Hugo Besedovsky, the first scientist who documented the communication between immune system and nervous system

F.Bottaccioli

Stress and brain

Pag.11. The brain is an allostatic load accumulator

An excerpt of Minelli's essay "Stress and Health" that will be published in the book "Stress and Life".

Andrea Minelli

Pag.14. Placebo effect The internal healer is in the brain.

An excerpt of Benedetti's essay "The Placebo Effect and how it works" that will be published in the book "Stress and Life".

Fabrizio Benedetti

Stress and energy

Pag.17. When inflammation drains energy.

An excerpt of Straub's essay "The Demand of Energy in Chronic Inflammatory Diseases" that will be published in the book "Stress and Life"

Rainer H. Straub

Stress and work

Pag.20. Work stresses when people are treated as machine

An excerpt of Stan Maes' essay "Stress and Health in the Workplace: Evaluate them in order to plan effective interventions" that will be published in the book "Stress and Life".

Stan Maes

Stress and ageing

Pag.23. Inflamm-ageing.

An excerpt from the essay of Franceschi and collaborators “Stress, immune ageing and inflammation” that will be published in the book “Stress and Life”.

Elena Cevenini, Rita Ostan, Laura Bucci, Daniela Monti e Claudio Franceschi.

Stress and cancer

Pag.26. Psyche is an essential resource in the treatment for cancer.

An excerpt of Tullio Giraldi’s essay “Stress and cancer” that will be published in the book “Stress and Life”.

Tullio Giraldi

Stress and individuality

Pag.29. The autoregulation dynamics of individual stress adaptation

An excerpt from the essay of Lazzari “The Balance of Stress: an autoregulatory biopsychosocial pattern” that will be published in the book “Stress and Life”.

David Lazzari

Stress and health

Pag.32 Is it possible a health science?

An excerpt from the essay of Bottaccioli “ Stress Science and Health Science” that will be published in the book “Stress and Life”.

Francesco Bottaccioli

Psychoanalysis

Pag.36. James Hillman: the heretical Jungian

In memory of the American philosopher and psychoanalyst who has recently passed away. His passion for ancient philosophy and his love for Mediterranean cultures.

Luigi Turinese

Sipnei – News from the Association

Pag.38. From good to great